



# BEAUTY CARE

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## What do Beauty Therapists do?

Beauty therapists apply face and body treatments and advise on skin care.

Beauty therapists may perform the following tasks:

- carry out skin analysis and give advice about skin and body care
- perform facial or body massage and figure analysis and advise on exercise programs and nutrition
- use a variety of treatments and electrical equipment to treat individual skin and body conditions
- remove facial and body hair by electrolysis or waxing
- provide advice and support to clients following cosmetic surgery
- recognise problems and refer clients to medical practitioners such as dermatologists, plastic surgeons, endocrinologists, podiatrists, chiropractors and physiotherapists
- provide aromatherapy treatment
- apply make-up
- perform manicures, pedicures, nail extensions and eyelash and eyebrow tinting
- perform reception duties, e.g. receive bookings and arrange appointments
- maintain client records
- provide advice on and sell cosmetic products and related beauty equipment

A beauty therapist may specialise as a:

**Beauty Consultant** (sometimes known as a Cosmetic Consultant) who is a trained senior sales assistant who promotes one or more brands of cosmetic products in department stores and pharmacies by providing advice on the purchase and application of cosmetics. Consultants need strong selling skills.

**Beautician** who does facial treatments, waxing, manicure, pedicure, eyelash and brow tinting and make-up application.

## How do I become a Beauty Therapist?

To become a Beauty Therapist you usually have to complete a certificate or diploma in Beauty Therapy. Entry to the certificate and diploma courses generally require Year 12.

Qualifying as a Beauty Therapist involves:

- Completing a certificate or diploma in Beauty Therapy

Ideal Personal Requirements to be a Beauty Therapist include:

- Well groomed at all times
  - Good health
  - Pleasant and tactful
- Good hand-eye coordination
- Sensitivity when treating clients for body and facial treatments



## How do I become an apprentice with The Apprenticeship Factory?

Call the friendly staff at The Apprenticeship Factory on 1300 134 648 (free call).